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WICM to Hold Fall Clothing Drive on November 16, 2004

By Helga Kessler Saint Paul Regional Water Services

For several years, Women in City Management (WICM) have held highly successful clothing drives on behalf of Martha's Closet, a program sponsored by Central Presbyterian Church. Martha's Closet assists women who are moving off welfare into the workplace. On behalf of WICM, thanks to all of you who have contributed in the past and helped to make this effort so worthwhile.

WICM will collect career clothes, accessories (shoes, jewelry, purses), and cash for this year's fall and winter needs on Tuesday, November 16. Winter coats, boots, hats, scarves, gloves and mittens are also welcome. Donated clothing should be suitable for work and in seasonno jeans, t-shirts or formals, please. They should also be clean and delivered on hangers. Martha's Closet also needs cash donations to help buy other items needed to complete a wardrobe.

Clothes and cash may be dropped off at 150 City Hall Annex (the old Housing Information Office conference room) at the following times: 7:30 to 8:30 a.m.; 11:30 a.m. to 1:00 p.m.; and 4:00 to 4:30 p.m. Receipts for the donated clothing will be given



out when you drop off the clothes; checks should be payable to "Martha's Closet."

As previous participants will tell you, this is a great opportunity to clean out that closet and give your clothes a few more years of useful existence. Questions? Call Lisa Falk at 651-266-6117.

Please print this for your co-workers. The City is continuing to save money by not producing printed copies of the City Update, but still needs to communicate to all employees. Please help by printing this newsletter (preferably back-to-back) for workers in your area who do not have computer access. Thank you.

Getting Flu Shots To Those In Need

By Lillian McDonald

Public Information Officer

Ramsey County Public Health

The Saint Paul - Ramsey County Department of Public Health (SPRCDPH) received about 7,000 out of 9,000 expected doses of vaccine used to provide flu shots this year in Ramsey County. This shortage is due to a bacterial contamination problem with Chiron, a supplier providing half the vaccine across the United States. As a result, SPRCDPH agreed to provide flu shots only to high-risk persons who may suffer serious complications from getting the flu. These high-risk guidelines are recommended by the Minnesota Department of Health (MDH) and the Centers for Disease Control and Prevention (CDC) and include elderly, infants, and persons with chronic medical conditions.

To provide vaccine to Ramsey County's most vulnerable citizens, SPRCDPH cancelled its planned employee flu shot clinics and redirected vaccine supplies to 26 nursing homes, 2 residential homes, 11 medical clinics, 3 colleges, and West Side and Open Cities Clinics serving under-insured clients. Some vaccine will remain at the health department to serve TB, HIV, refugee and other patients meeting the high-risk criteria.

Additionally, SPRCDPH in cooperation with the Minnesota Visiting Nurses Agency (MVNA) hosted two flu shot clinics in November providing another 2,100 doses (or more) to the community. More clinics may be

added if more vaccine becomes available. For updates on the flu and additional clinics go to www.co.ramsev.mn.us/PH/flu.

For more information visit www.mdhflu.com or call the MDH hotline at 612-627-3950.

Flu Prevention Tips at Work

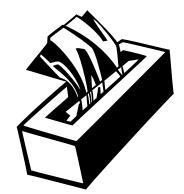
By Lillian McDonald

Public Information Officer

Ramsey County Public Health

Help stop the spread of germs by promoting healthy habits at work!
Free posters, flyers and fact sheets are available to help remind employees to "Cover Your Cough" "Wash Your Hands" and many other flu prevention tips. Translated copies are also available. To download prevention posters and materials go to www.cdc.gov/flu/protect/covercough.htm or www.cdc.gov/germstopper/work.htm.

If you don't have access to the Web, order a free CD with flu prevention campaign materials by contacting the Minnesota Department of Health at 612-676-5414.



The Natural World at Como

Acquire and share knowledge about the natural world. Meet others with similar interests. Explore the many different connections between plants, animals and human cultures at Como Zoo and the Marjorie McNeely Conservatory!

Beginning January 8th Como Zoo & Conservatory is offering monthly training sessions to attract new volunteers. The trainings, held Saturdays from 8:30am-12:30pm, are at no cost to the volunteer. What is asked is a commitment to volunteer for 12 months (snow birds welcome, vacations expected) as a collections interpreter once a week or, at a minimum, once every other week for a 3 hour shift and attend 3 trainings in a 6 month period. Previous experience not needed, life long learners who enjoy the public are sought. This opportunity is sure to open new worlds for you.

January 8th Bio-Diversity & the new exhibit building - Graduates of this training will compose the first team of volunteers to interpret in the new Como exhibit building.

February 12th Ferns -Learn about fossil fuels and the state-of-the-art solar collection panels in the ceiling of the new and better Marjorie McNeely Conservatory Fern Room.

March 12th Como's Ostriches, Cranes and Hoofed Animals -Giraffes, Zebras, Kudu and Sable Antelopes, Bison, Tufted Deer, Ostriches and Cranes, what do they have in common?

To find out more information call the Como Volunteer office at 651-487-8252 or visit the web site at comozooconservatory.org.

City job openings as of November 12, 2004

Application deadline	Job title	Bi-weekly or hourly salary rate	Exam date
11/15/04	Communication Technician W/O Premium	\$1,529.77 bi-weekly	See Job Ann
11/17/04	Fire District Chief (prom)	\$2,349.76 bi-weekly	See Job Ann
11/29/04	Police Officer (prom)	\$1,632.06 bi-weekly	See Job Ann
11/30/04	Custodian	\$16.77 per hr	See Job Ann
12/07/04	Recreation Leader (Part-Time)	\$9.65 per hr	See Job Ann
12/10/04	Fire Protection Engineer	\$2,040.16 bi-weekly	See Job Ann

Note: Call or visit the Office of Human Resources to receive the official job announcement for these positions. Location: 400 City Hall Annex. Phone: (651) 266-6500 or visit the web site: www.ci.stpaul.mn.us/jobopenings. For jobs announced after November 10, please call our 24-hour job line, (651) 266-6502.